

SIMMER POT NATURAL PLAYDOUGH

Ingredients for simmer pot:

- 6 cups of water
- 2 navel sliced oranges
- 1 apple sliced in half
- 3 cinnamon sticks
- 1 teaspoon-sized knob of fresh ginger
- 1 teaspoon cardamom pods or allspice
- 1 teaspoon whole cloves
- 1 teaspoon nutmeg

Ingredients for playdough:

- 2 cups of simmering liquid
- 2 cups of white flour
- 1/2 cup of salt
- 4 tablespoons of cream of tartar
- 1 tablespoon oil



Instructions:

1. Fill a pot, Dutch oven, or even a crockpot with about 6 cups of water
2. Toss in the combination of ingredients above. You can use them all or mix and match which scents you like
3. Let that simmer allowing the aroma to fill your home
4. Now, grab 2 cups of your simmering liquid and pour it into a separate pot
5. Add the ingredients above for the playdough and cook over medium heat until the dough forms a ball
6. Handle with care from here but feel free to add in some herbs or dried peels.
7. Seal the dough up well after it dries

