

FIRST DAY READY *checklist*

Daily Routine

TIPS FOR THE DAILY

MAKE A LUNCH, PACK A SNACK, AND FILL YOUR WATER BOTTLE

LAY OUT CLOTHES THE NIGHT BEFORE (EVEN SOCKS!)

MAKE SURE EVERYTHING IS LABELED

Stress Less Morning

MAKE MORNINGS RUN SMOOTHER

MEAL PLAN BREAKFASTS

SETTING ALARM CLOCKS

HAVE BACKPACKS PACKED AND SHOES READY BY THE DOOR

Just for Fun

LITTLE THINGS TO MAKE LIFE EASIER

HAVE HEALTHY SNACKS PREPPED FOR THE WEEK

CREATE A MORNING CHECKLIST FOR YOU (AND THE KIDS)

ORDER OR MAKE YOUR "FIRST DAY OF SCHOOL SIGN"

READ A SPECIAL BEDTIME STORY

SET UP A HOMEWORK STATION

